

NEOPRENE SEAL

Size chart

Neck seal

Men

Size	Neck circumference (in)
XSmall	13 1/4 - 13 3/4
Small	14 1/4 - 14 3/4
Medium	15 - 15 3/4
Large	16 - 16 3/4
XLarge	17 - 17 3/4
2XLarge	18 - 18 3/4

Women

Size	Neck circumference (in)
XSmall	11 3/8 - 11 7/8
Small	11 7/8 - 12 3/8
Medium	12 1/2 - 12 7/8
Large	13 1/8 - 13 1/2
XLarge	13 5/8 - 14 1/4

* Choose the smallest size

Wrist seal

Men

Size	Wrist circumference (in)
Small	6 1/2 - 6 3/4
Medium	6 3/4 - 7 1/4
Large	7 1/4 - 7 3/4
XLarge	7 3/4 - 8 1/4

Women

Size	Wrist circumference (in)
Small	5 1/2 - 5 3/4
Medium	5 3/4 - 6
Large	6 - 6 1/4

* Choose the smallest size